

# EL MES DE ENERO

## SPANISH CITY OF THE MONTH

Madrid is the capital city of Spain and the home of Real Madrid, one of the most successful football teams in Europe.

**MADRID**


Located at the heart of the country, Madrid is a popular destination among tourists.



10 ↓ 2

## IDIOM OF THE MONTH

**Tener memoria de pez**

To have the memory of a goldfish



## SPANISH SPEAKER OF THE MONTH

**Name:** Jennifer Lopez

**Nationality:** Puerto Rican

**Profession:** singer, actress, dancer



Feltz Año Nuevo - Happy New Year



Invierno - Winter



Frio - Cold



Nieve - Snow



Reyes Magos - Three Kings



Muñeco de Nieve - Snowman

## THE MONTH OF JANUARY

### SPECIAL DATES

'Día de los Reyes Magos'

The Epiphany

Different locations across Spain

Many events and parades happen throughout each city to celebrate the arrival of the three Kings.



## TONGUE TWISTER

**Tres tristes tigres tragan trigo en un trigal.**

Three sad tigers swallowed wheat in a wheat field.

## RECIPE OF THE MONTH

Huevos estrellados - Broken eggs

This is a classic dish in Madrid and is very easy to make. It consists of fried eggs with broken runny yolks, accompanied with fries and meat (usually ham, bacon or chorizo).

RECIPE



# EL MES DE FEBRERO

## SPANISH ISLAND OF THE MONTH

### TENERIFE

Tenerife is the largest of Spain's Canary Islands and is popular for having Mount Teide the third tallest volcanic structure on Earth (when measured from the bottom of the ocean).



19 ↓ 17

## IDIOM OF THE MONTH

### Mas vale tarde que nunca

Better late than never



## SPANISH SPEAKER OF THE MONTH

**Name:** David Beckham

**Nationality:** British

**Profession:** Professional Footballer



San Valentin - Valentine



Amor - Love



Luvia - Rain



Flores - Flowers



Fresa - Strawberry



Amistad - Friendship

## THE MONTH OF FEBRUARY

### SPECIAL DATES

'Dia de San Valentin'

Valentines Day

Countries all around the world

A day to celebrate with your loved ones, show affection, and exchange gifts.



## TONGUE TWISTER

¿Cómo quieres que te quiera si él que quiero que me quiera no me quiere como quiero que me quiera?

How do you want me to like you, if the one I want to like me, doesn't like me as I want him to like me?

## RECIPE OF THE MONTH

Papas arrugadas - *Wrinkly Potatoes*

This is traditional dish from the Canary Islands. The potatoes are boiled in salt water to give them a flavoursome wrinkled exterior, and served with a spicy pepper sauce.

### RECIPE



# EL MES DE MARZO

## SPANISH CITY OF THE MONTH

### VALENCIA

The charming City of Valencia has two official languages, Spanish and Valencian (a dialect of Catalan).



Valencia is the birthplace of paella.



18  9 

## IDIOM OF THE MONTH

**Al mal tiempo, buena cara**

If there is bad weather, put on a good face



## SPANISH SPEAKER OF THE MONTH

**Name:** Selena Gomez

**Nationality:** American

**Profession:** Actress, Singer



Las Fallas - Bonfire



Carnaval - Carnival



Primavera - Spring



Mariposa - Butterfly



Arciris - Rainbow



Tiempo - Weather

## THE MONTH OF MARCH

### SPECIAL DATES

'Las Fallas de Valencia'



Celebration of the fires

Celebrated in Valencia

Bonfires are celebrated to commemorate the beginning of Spring and honouring Saint Joseph's Day.



## TONGUE TWISTER

**Erre con erre, guitarra; erre con erre, carril: rapido ruedan los carros, rapido el ferrocarril.**

"R" with "R" cigar, "R" with "R" barrel. Quickly run the cars, over the rails of the railroad.

## RECIPE OF THE MONTH

Paella Valenciana - Valencian Paella

Authentic paella originates from Valencia and, traditionally, it doesn't contain seafood. It is made with chicken, rabbit, often snails, and spiced with paprika and saffron.

### RECIPE



# EL MES DE ABRIL



## SPANISH CITY OF THE MONTH

Murcia is a vibrant city full of culture and history located in the southeastern region of Spain.

The region is known for cultivating oranges, cherries, almonds and lemons.



21



11



### MURCIA



## IDIOM OF THE MONTH

No hay mal que por bien no venga

To look at the bright side of things



## SPANISH SPEAKER OF THE MONTH

**Name:** Chris Hemsworth

**Nationality:** Australian

**Profession:** Actor



Feria - Fair



Orange - Naranja



Semana Santa - Easterweek



Bailear - To dance



Fiesta - Party



Huevos - Eggs

## THE MONTH OF APRIL

### SPECIAL DATES

'Feria de Abril'

Seville fair

Seville, Andalusia

People enjoy dancing Flamenco, eating and socialising while dressed up in flamenco style attire.



## TONGUE TWISTER

Si Pancha plancha con cuatro planchas  
¿Con cuantas planchas Pancha plancha?

Pancha irons with four irons.

With how many irons does Pancha iron with?

## RECIPE OF THE MONTH

Ensalada Murciana - Murcian Salad

A salad from the region of Murcia. It is typically made with with a base of natural canned tomatoes, onion, salted cod or canned tuna, olives, and boiled eggs.

### RECIPE



# EL MES DE MAYO

## SPANISH CITY OF THE MONTH

Santiago de Compostela is the capital city of Galicia, and it is known as the final destination of the famous pilgrim route, Way of Saint James.



## IDIOM OF THE MONTH

**Pasarse de la raya**

To cross the line



## SPANISH SPEAKER OF THE MONTH

**Name:** David Ghetta

**Nationality:** French

**Profession:** DJ, songwriter, producer



Patio - Courtyard



Camino - (The) Way



Peregrino - Pilgrim



Crisantemo - Chrysanthemum



Pulpo - Octopus



Mariposa - Ladybird

## THE MONTH OF MAY

### SPECIAL DATES

'Los Patios de Córdoba'



Courtyard Festival

In Córdoba, Andalusia

In the week of the event, patio owners decorate their courtyards with hundreds of colourful flowers and plants.

## TONGUE TWISTER

**Cristobal, Cristina y Cristian crían crisantemos sobre un cristal.**

Cristobal, Cristina and Cristian grow chrysanthemums on a glass.

## RECIPE OF THE MONTH

**Pulpo a la Gallega - Galician Styled Octopus**

Pulpo a la Gallega is a famous tapas dish from northwestern Spain that is made from cooked rounds of octopus topped with olive oil, salt, and paprika, and served with potatoes.

### RECIPE



# EL MES DE JUNIO

## SPANISH ISLAND OF THE MONTH

### IBIZA

Ibiza is one of the most famous and visited Spanish islands. The island is blessed with 10 hours of sunshine a day, for 300 days per year!



23 ↓ 21

## IDIOM OF THE MONTH

### Una imagen vale mil palabras

A picture is worth a thousand words



## SPANISH SPEAKER OF THE MONTH

**Name:** Ricky Martin

**Nationality:** Puerto Rican

**Profession:** Singer



## THE MONTH OF JUNE

### SPECIAL DATES

'Fiesta de San Juan'

23

Saint John's Eve

Different locations across Spain

Religious practices and celebrations to start off the summer and the end of exams with bonfires, and burning books and old furniture, etc.

## TONGUE TWISTER

Poquito a poquito, Paquito empaca poquitas copitas en pocos paquetes.

Bit by bit, Paquito packs little cups in a few packages.

## RECIPE OF THE MONTH

Calamares a la romana - *Fried Squid*

Fried squid, or Calamari, is a classic tapas dish served all over Spain. The calamari rings are covered in a thick batter, deep fried and served with lemon juice and aioli.

### RECIPE



San Juan - Bonfire Night



Verano - Summer



Calor - Hot



Hoguera - Bonfire



Vacaciones - Holidays



Playa - Beach

# EL MES DE JULIO

## SPANISH CITY OF THE MONTH

Barcelona is the most popular city to visit in Spain.

### BARCELONA



The city is home to the world-renowned architect Antoni Gaudí and the largest football stadium in Europe.



27 ↓ 21

## IDIOM OF THE MONTH

**Quien no arriesga, no gana**

No pain, no gain



## SPANISH SPEAKER OF THE MONTH

**Name:** Cardi B

**Nationality:** American

**Profession:** Rapper



Corrida - Bull



Toro - Bull



Petardos - Fireworks



Pájaro - Bird



Patuelo - Handkerchief



Bocadillo - Sandwich

## THE MONTH OF JULY

### SPECIAL DATES

'San Fermín'

Running of the Bulls

In the city of Pamplona, Navarra

The event is celebrated with people running with the bulls, having parties, socialising and watching the bullfight.



## TONGUE TWISTER

**Si le echo leche al café para hacer café con leche, para hacer leche con café, ¿qué hace falta que le eche?**

If I add milk to coffee to make coffee with milk, to make milk with coffee, what do I need to add?

## RECIPE OF THE MONTH

The Bikini - *Bikini Sandwich*

The name comes from the Bikini Concert Hall in Barcelona. It is a classic grilled ham and cheese sandwich with Manchego cheese, Iberico ham, and sometimes truffle butter or truffle aioli.

RECIPE



# EL MES DE AGOSTO

## SPANISH CITY OF THE MONTH

The famous Costa Blanca is found in Alicante and is known for its white sandy beaches and skyscrapers.

### ALICANTE



The drink Horchata was first introduced by Muslims centuries ago in this region.



28 ↓ 23

## IDIOM OF THE MONTH

### Hacerse la boca agua

To make one's mouth water



## SPANISH SPEAKER OF THE MONTH

**Name:** Will Smith

**Nationality:** American

**Profession:** Actor, rapper, producer



Tomate - Tomato



Lanzar - To throw



Miércoles - Wednesday



Costumbre - Tradition



Colegio - School



Viento - Windy

## THE MONTH OF AUGUST

### SPECIAL DATES

#### 'La Tomatina'



### Tomato fight festival

Takes place in Buñol, Valencia

La Tomatina is held on the last Wednesday of August every year. The main event is the tomato fight, followed by camping and live music.

## TONGUE TWISTER

**Señora, cómpreme un coco. No compro coco, porque poco coco como poco coco compro.**

Madam, buy me a coconut. I don't buy coconut, because I don't eat much coconut, so little coconut I buy.

## RECIPE OF THE MONTH

Gambas Pil Pil - *Garlic and Chilli Prawns*

This classic tapas dish is made with fresh prawns that are cooked in oil and infused with garlic and chilli. It is often served with bread.

### RECIPE





# EL MES DE SEPTIEMBRE

## THE MONTH OF SEPTEMBER

### SPANISH CITY OF THE MONTH

### SALAMANCA

Declared a UNESCO World Heritage city, Salamanca is famous for its unique architecture and the historical University of Salamanca.



25 ↓ 13

### IDIOM OF THE MONTH

### Echar agua al mar

To throw water in the sea  
To do something pointless



### SPANISH SPEAKER OF THE MONTH

**Name:** Kobe Bryant

**Nationality:** American

**Profession:** Pro basketball player



Castellans - Human Towers



Otallo - Autumn



Arbol - Tree



Ardilla - Squirrel



Mochila - Backpack



Hoja - Leaf

### SPECIAL DATES

'La Mercè'



La Merce Festival

The annual festival of Barcelona.

Traditional dance (La Sardana), processional giants, human towers, fire runs (Correfocs) are some of the highlights of the festival.

### TONGUE TWISTER

**Pablito clavó un clavito en la calva de un calvito.  
En la calva de un calvito un clavito clavó Pablito.**

Pablito nailed a nail in the bald patch of a small bald man, in the bald patch of a small man Pablito nailed a nail.

### RECIPE OF THE MONTH

Patatas Revolconas - Spanish Mashed Potatoes

This is a simple dish that originates from Salamanca, Ávila, Toledo, and Cáceres. It is potato mashed with paprika and topped with cured bacon/torreznos.

RECIPE





# EL MES DE OCTUBRE

## THE MONTH OF OCTOBER

### SPANISH CITY OF THE MONTH

#### ZARAGOZA

Located in a prime spot between bigger cities, the city is blessed with a brilliant mix of culture and stunning natural beauty.



26 ↓ 15

### IDIOM OF THE MONTH

**Quien ríe último ríe mejor**

He who laughs last, laughs best



### SPANISH SPEAKER OF THE MONTH

**Name:** Bruno Mars

**Nationality:** American

**Profession:** Musician, producer, dancer



### SPECIAL DATES

'Día de la Hispanidad'

National Day of Spain

Celebrated in different Spanish cities

On this day you see military parades and air force planes painting Spanish flags across the country's skies.



### TONGUE TWISTER

**A Cuesta le cuesta subir la cuesta, y en medio de la cuesta, va y se acuesta.**

Cuesta is struggling to go up the hill, in the middle of the hill she goes to take a nap.

### RECIPE OF THE MONTH

Pollo Al Chilindron - Chicken Chilindron

This chicken stew is a favourite in the region of Aragon and combines chicken with red pepper, garlic, and ham for a simple, easy to make meal.

#### RECIPE



Día Nacional - National Day



Calabaza - Pumpkin



Fantasma - Ghost



Bandera - Flag



Desfile - Parade



Disfraz - Costume

# EL MES DE NOVIEMBRE

## THE MONTH OF NOVEMBER

### SPANISH CITY OF THE MONTH

#### SANTANDER

Santander is best known for having an iconic royal palace, the Magdalena Palace, and for its urban beaches.



15 ↓ 12

### IDIOM OF THE MONTH

**De tal palo, tal astilla**

Like father, like son



### SPANISH SPEAKER OF THE MONTH

**Name:** Serena Williams

**Nationality:** American

**Profession:** Pro tennis player



### SPECIAL DATES

'Día de Todos los Santos'

All Saints' Day

Different locations across Spain

Tradition of decorating the graves of relatives with floral displays, candlelit processions, and eating roasted chestnuts and sweet potatoes.



### TONGUE TWISTER

**El amor es una locura, que ni el cura lo cura, y si el cura lo cura es una locura del cura.**

Love is a madness that even the priest can't cure, if he does cure it that's a miracle.

### RECIPE OF THE MONTH

Sorropotún - Tuna pot

Sorropotún is a traditional seafood dish from the region of Cantabria. It is a simple but flavoursome dish of tuna, potatoes, onion, tomato, and bread.

RECIPE



Familia - Family



Tumba - Grave



Velas - Candles



Noche - Night



Turkey - Pavo



Castaño - Chestnut

# EL MES DE DICIEMBRE

## THE MONTH OF DECEMBER

### SPANISH CITY OF THE MONTH

Malaga, situated in at the heart of Costa del Sol, has one of the warmest winters in Europe.

The city has historic plazas and beautiful sunsets.



12  6 

### MALAGA



### IDIOM OF THE MONTH

#### Las apariencias engañan

You can't judge a book by it's cover



### SPANISH SPEAKER OF THE MONTH

**Name:** Tom Daley

**Nationality:** British

**Profession:** Diver



### SPECIAL DATES

'Nochevieja'

New Years Eve

Celebrated in many countries

In Spain people eat twelve grapes; one at each stroke of the clock at midnight for a year of good luck and prosperity.



### TONGUE TWISTER

**Yo recuerdo que recordaba ese recuerdo, que es un buen recuerdo, que es difícil de recordar.**

I remember that I remembered a memory, the good memory I tried to remember is hard to remember.

### RECIPE OF THE MONTH

Buñuelos - Fried Dough

Buñuelos are simple fried dough balls that are popular during Christmas time. They are a type of dessert that are topped with sugar and dipped in chocolate.

#### RECIPE



Nochebuena - Christmas Eve



Regalo - Present



Villancicos - Carols



Uvas - Grapes



Luces - Lights



Tironeo - Sleigh